

Council News

The Newsletter of the
Lake County Safety Council
Volume 8 - Issue 3
March, 2004

Sponsored by the BWC Division of Safety & Hygiene

1999 Grand Award Winner



OCCUPATIONAL MEDICINE IN LAKE COUNTY

- ⇒ How long have physicians and nurses had a part of business and what have they been doing?
- ⇒ How many businesses have an affiliation with an occupational medicine practice?
- ⇒ What services do businesses need today?
- ⇒ How have business policies and employee relations improved by occupational involvement?
- ⇒ Why does the BWC recommend that businesses have an association with physician's who understand their business and why?

Dr. Paul Hanahan, M.D. has been practicing medicine in Lake County since 1981. He is currently the company physician for American Roll Formed Products, Avery Dennison, Arvesta Corporation, Coe Manufacturing, First Energy Corporation-Perry Nuclear Power Plant, Gould Electric, R.W. Sidley, Wade Crofoot Company, Twin Rivers and Zenza, Ltd.

Please join us at our March meeting and learn the role of occupational medicine in Lake County.

www.ohiobwc.com

Here are a few headings in the "Current News" section of the Ohio BWC's website.

If you would like to read more please visit www.ohiobwc.com.

News date Feb. 19, 2004

Northfield man sentenced for committing workers' compensation fraud

News date Feb. 19, 2004

BWC, Department of Labor: Agree on management of federal nuclear workers' program

News date Feb. 23, 2004

Dayton man sentenced for committing workers' compensation fraud

News date Feb. 24, 2004

Bureau awards Huber Heights grant to make workplace safer

News date Feb. 17, 2004

Area safety council recognized for helping employers reduce injuries

Friday, March 19, 2004 11:30 am to 1:00 pm

Topic: Occupational Medicine in Lake County

**Speaker: Dr. Paul C. Hanahan, M.D.
HealthCare for Business**

**Location: Elk's Lodge
Painesville**

Cost is \$12 reporting members/\$15 non-reporting members

*Make your reservation by March 12, 2004
440-946-6777 reservation line*

Sponsored By:



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HEALTH SERVICES



Steering Committee

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Ken Takacs
City of Painesville Fire Dept.
440-392-5850

Past Director

Don Ware
Retired Avery Dennison

Chamber Liaison & Editor

Marie Pucak
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440-946-2625

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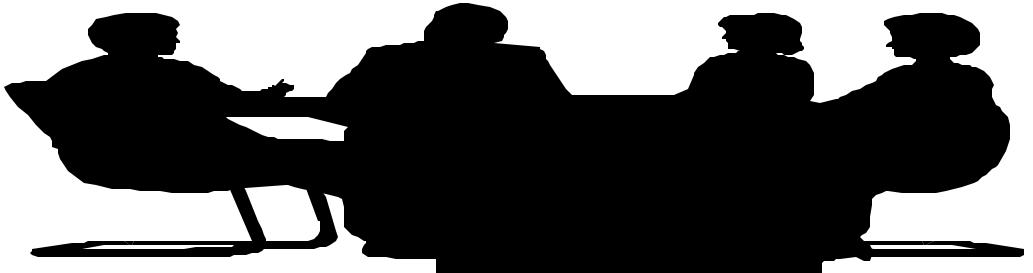
Lake County Chambers' of Commerce
440-946-2625

If your company is a reporting member and you would like to take an active role in the Lake County Safety Council by attending our monthly meetings as well as serving on the Steering Committee please contact Linda Reed at 440.946.2625

February 13th LCSC meeting attendance:

Thanks to those companies & organizations who attended:

Avery Dennison (1)
BWC-Division of Safety & Hygiene (7)
City of Painesville WWTP (1)
CompManagement (1)
Concorde Castings (2)
Consumer Ohio Water (6)
Continental Group (1)
CresCor (2)
EA Group (1)
Employworks (1)
Heartland of Mentor (2)
Mentor Chamber of Commerce (2)
Moen (1)
Neff Perkins (1)
NOVA Chemicals (1)
Precision Environmental (1)
Premier (3)
Safety Solutions (1)
STAMCO Industries (1)
Willoughby Eastlake Public Library (1)
House of Representatives (1)
ASSE/GCSC (24)



February 20th LCSC meeting attendance:

Thanks to those companies who attended

American Red Cross (2)
Avery Dennison (2)
BWC (2)
Carter Diamond Tool (1)
City of Painesville Fire Department (1)
Concord Fire Department (3)
Consumer Ohio Water (11)
Engineering Elements (1)
First Energy (1)
Fisher Safety (1)
Lake Hospital Systems (1)
Laketrans (1)
Lincoln Electric (1)
Lotusea Wellness Group (1)
MACC (2)
Mentor Public Schools (1)
Morton Salt (1)
Roll-Kraft (1)
Rutherfords Landing (2)
Willoughby Eastlake Public Library (1)

Lakeland Community College's Quality Institute will Initiate Six Sigma Black Belt Course

Kirtland - Lakeland Community College's Quality Institute of the Center for Business & Industry will begin its Six Sigma Black Belt class on March 23 at Lakeland.

The Six Sigma Black Belt class is being taught on the heels of the current Six Sigma Green Belt Course.

"We have put a lot of emphasis on these Six Sigma Courses because of the interest and feedback from the business community for courses that can improve productivity and thus contribute to a firm's ability to be globally competitive," stated Stephanie Zoller, Coordinator for the Quality Institute. "The courses were designed specifically for us by one of our partners, Paul Mathews. Paul has taught Six Sigma for General Electric and he is highly respected for his background in Six Sigma and other quality programs. The Course is specifically designed to prepare the student for the ASQ Six Sigma Black Belt exam. In addition to preparing the student for the exam, each student will be required to bring a project to the course. As anyone who has been associated with Six Sigma will attest, the work with the project usually results in a direct savings to the company," continued Ms Zoller.

The Course is 150 hours in length; however, there is the opportunity to take only desired modules. For more information on the Six Sigma Black Belt Course check out the CBI website at www.lakelandcbi.com; or call Stephanie Zoller at 440-525-7290. There is some limited grant funding available for attendees.

For Additional Information Contact: Stephanie Zoller, Quality Institute, Center for Business & Industry, Lakeland Community College, 550-525-7290, szoller@lakelandcc.edu

BWC Division of Safety & Hygiene Training Videos

Did you know that the BWC Division of Safety & Hygiene Library has a vast selection of training videos? Videotapes are loaned to Ohio employers who have a worker's compensation account. There is no direct charge for borrowing videotapes, however, employers are responsible for the cost of return postage by insured, traceable means or replacement cost of tapes lost or damaged while on loan. The complete list is found on page 48 of the Safety Services Catalog or you may visit their website www.ohiobwc.com for more information.

Sowing the seeds of knowledge—BWC offering spring dates for WCU

For the first time ever, BWC is offering special half-day sessions of Workers' Compensation University (WCU) in the spring.

To make WCU even more convenient for attendees, BWC will offer these spring sessions in new, smaller venues throughout the state. Traditional WCU sessions will still be held at Ohio's larger cities in the fall.

The half-day sessions in the spring will allow greater flexibility for BWC's customers. Now, attendees can receive vital workers' compensation information, including cost-saving strategies, workplace safety tips and proven methods for injury prevention, without missing valuable time at the office or work site.

Below is a list of dates and locations for WCU in the spring.

April 7	Cambridge	Pritchard Laughlin Civic Center
April 13	Springfield	Springfield Inn
April 16	Chillicothe	Ohio University, Chillicothe campus
April 20	Sandusky	Sawmill Creek Resort
April 23	Portsmouth	Shawnee State University
April 26	Lima	Veterans' Memorial Civic & Convention Center
April 28	Marietta	Lafayette Hotel
May 4	Ashtabula	Kent State University, Ashtabula campus

Online registration for spring WCU will be available at www.ohiobwc.com in March.

The Lake County Chamber's of Commerce and the Lake County Safety Council would like to remind you of 9 key components of an effective safety program.

1. **Written Safety & Health Policy**

"A written safety and health policy signed by the top company official that expresses the employer's values and commitment to workplace safety and health."

2. **Visible, Active Senior Management Leadership**

"Visible senior management that promotes the belief that the management of safety is an organizational value."

3. **Employee Involvement and Recognition**

"Employee involvement and recognition that affords employees opportunities to participate in the safety management process."

4. **Communications**

"A program of regular communications on safety and health issues to keep all employees informed and to solicit feedback and suggestions."

5. **Orientation and Training**

"Orientation and training for all employees."

6. **Written and Communicated Safe Work Practices**

"Published safe work practices so that employees have a clear understanding of how to safely accomplish their job requirements."

7. **Safety and Health Program Coordination**

"Assigning an individual the role of coordinating safety efforts for the company."

8. **Medical Treatment and Return-to-Work Practices**

"Early return-to-work strategies to help injured or ill workers return to work as soon as possible."

9. **Recordkeeping and Data Analysis**

"Internal program verification to assess the success of company safety efforts, including audits, surveys, and record analysis."

To receive a copy of the 19 page manual please contact Linda Reed at 440.946.2625 or email her at linda@mentorchamber.org. This manual will give you a closer look at each of the nine key process parameters discussed in the rule.

Top 5 Most Dangerous Jobs

In 2002, more than 5,500 men and women died due to work-related injuries in the United States. Here are the career paths that carry the highest risks, according to the U.S. Bureau of Labor Statistics:

Loggers Fatality rate: 117.8 per 100,000—Mostly due to being struck by falling trees and limbs.

Fishers Fatality rate: 71.1 per 100,000—Drowning is the most common threat.

Aircraft (civilian) pilots Fatality rate: 70 per 100,000—Airplane accidents; pilots of small planes are at much higher risk than those flying jets.

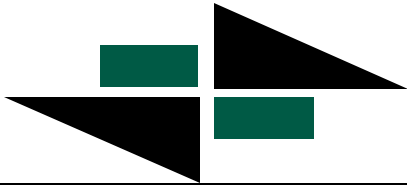
High-rise/bridge builders Fatality rate: 58 per 100,000—Falls account for most deaths for structural metal workers.

Deliverymen Fatality rate: 38 per 100,000—Traffic accidents are the leading cause of death for these workers, which include pizza and food deliverers.

OSHA Announces Six-Month Delay in Respiratory Protection Rule Provisions

Workplaces that are required to provide respirators to employees for tuberculosis protection have until July 1, 2004, to comply with several provisions of the respiratory protection standard. The announcement of the six-month period to allow affected employers to come into compliance with the additional requirements, follows the agency's withdrawal last month of its 1997 proposal on tuberculosis and the revocation of a separate respiratory protection standard for workers exposed to TB. OSHA's respiratory protection rule is now the standard for all industries and includes requirements, such as annual fit testing, medical evaluation requirements, and some training and recordkeeping provisions that were not as detailed in the revoked rule. During the six-month period, OSHA will not cite these new requirements for establishments with workers exposed only to TB.

Thanks to our Sponsor



CONCENTRA HEALTH SERVICES

3900 Ben Hur Avenue, Willoughby, Ohio 44094
Phone (440) 975-4195, Fax (440) 975-4195

As the Leading provider of occupational healthcare across the nation, you can always count on Concentra. With six Ohio Locations, including 1 in Lake County, Our state of the art medical centers provide specialized injury and occupational healthcare services to business and industry. We also offer a wide array of employment-related health services, including:

- DOT, OSHA and ADA compliance, exams and reporting.
 - Physical examinations
- Job-related evaluations and physical therapy
 - Health and safety programs
 - Drug and alcohol screening

BWC's Lifting Guidelines Target Back Injuries

Recent national statistics show that nearly a quarter of all occupational injuries and illnesses involve the back. And figures from the National Council on Compensation Insurance place the average cost (medical and indemnity) of a low-back injury claim at nearly \$15,000.

With this in mind, the Ohio Bureau of Workers' Compensation (BWC) and The Ohio State University joined forces on an award-winning research project aimed at preventing new and recurring back injuries in the workplace.

The joint research project yielded lifting guidelines that:

- Identify hazardous conditions associated with lifting tasks to avoid injury or the risk of re-injury;
- Help develop realistic transitional work programs for employees returning to work after a low-back injury;
- Facilitate communication between employers, transitional work developers and medical providers by matching the injured worker with appropriate jobs and by redesigning jobs.

Using these guidelines can help prevent some of the most common and costly occupational injuries affecting America's work force. According to BWC statistics, 18 percent of Ohio's workers' compensation claims filed in 2002 were attributable to back injuries.

An interactive version of these guidelines is available on BWC's Web site, ohiobwc.com. They are easily accessible from the ohiobwc.com home page by choosing Safety services then Lifting guidelines. BWC designed the online guidelines to allow users to enter criteria for various lifting tasks. The information is analyzed, and a risk level of high, moderate or low is given for each lifting task.

For additional information about the lifting guidelines, please contact BWC's ergonomics technical advisor Chris Hamrick at (614) 995-1203, or send an e-mail to Christopher.H.1@bwc.state.oh.us. The lifting guidelines will be featured at BWC's Ohio Safety Congress & Expo, March 23-25, 2004 at the Cincinnati Convention Center, and at the spring and fall sessions of Workers' Compensation University (WCU). For more information on these events, log on to ohiobwc.com and click on the Ohio Safety Congress & Expo and WCU banner ads at the top of the home page.

PLEASE PLAN ON JOINING US AT A MONTHLY MEETING

4/6/04	Topic: Annual Awards Banquet	Location: Holiday Inn Express/Lamalfa
	Sponsor: NORTH COAST RECYCLING—4 sponsorships available...call for details	
5/21/04	Topic: HIPPA	Speaker: Roseanne Lonsway
	Location: Dino's	
	Sponsor: available...call for details	
6/18/04	Topic: Respiratory Protection	Speaker: Carl Thornton, 3M
	Location: Elk's Lodge	
	Sponsor: available...call for details	

Ohio Safety Congress & Expo

Sponsored by the Ohio Bureau of Workers' Compensation's Division of Safety & Hygiene

Mark your calendar now for this FREE event!

March 23–25, 2004

Cincinnati Convention Center

Every moment and every dollar counts, especially in today's business environment. By creating a safe work-place, you can control your workers' compensation costs and invest your money where it counts—your business.

From manufacturing to service, large business to small, and everything in between, the 74th annual Ohio Safety Congress & Expo has something for everyone—150 hours of FREE educational sessions, 225 exhibitors and endless networking opportunities.

For more information, visit ohiobwc.com or call 1-800-OHIOBWC (press 22 and then 2). They are also available via e-mail at SafetyCongress@ohiobwc.com

Attend the event and learn to make safety count for your business or organization.

Continuing Education

Continuing-education units, industrial hygiene certification-maintenance points and credit for customers in BWC's 10-Step business Plan are available



Mentor Area Chamber of Commerce
7547 Mentor Avenue, Suite 302
Mentor, OH 44060